



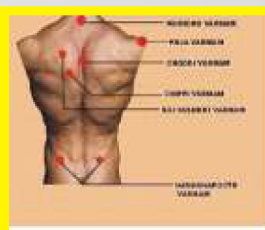
National Conference on Siddha Varmam-2019

"Exploring the Therapeutic Potentials of Siddha Varmam"

Date : 04th & 05th July 2019

Venue : The Silver Jubilee Auditorium,

The Tamil Nadu Dr. M.G.R. Medical University, Guindy, Chennai



Siddha Medicine

Siddha medicine, one of the three Indian systems of medicine along with Ayurveda and Unani originated millenniums ago in Tamilnadu. Till now, the system is being predominantly practiced in Tamilnadu and other countries where Tamil speaking people live – like Sri Lanka, Malaysia etc. Siddhars – the founders and propagators of Siddha system are supposed to be the ones who always abide in their consciousness through their spiritual practices. Siddhars are learnt to have possessed Ashta siddhis, or the eight supernatural powers. Though Siddha Medicine insists mainly on the Prevention and Holistic Living, Therapeutic collections is also vast and includes 32 types of Internal Medicines and 32 types of External Medicines.

Varmam

Varmam refers to Vital Force and the Body Points where the Vital Force pulsates are known as Varmam Points. Varmam has two main applications – one as defensive art and the other as medicine. Though Varmam has long been used as an emergency medicine, the usefulness of Varmam in other diseases, particularly Neuro-musculo-skeletal diseases and lifestyle disorders is increasingly known. Varmam Therapy is a treatment technique of altering and restoring the flow of life force using certain methods. Varmam has been a part of Siddha Curriculum both in the traditional schools and in academic Institutions since many centuries.

The Tamil Nadu Dr.M.G.R. Medical University

The Tamil Nadu Dr.M.G.R. Medical University is the Pioneer Medical University in the country and the second largest Medical University in India under which there are more than 600 affiliated institutions which conduct Medical, Dental, AYUSH, Paramedical, Nursing and Pharmacy degree courses in the state of Tamil Nadu since its establishment in 1987. The University has the Departments of Immunology, Transfusion Medicine, Epidemiology, Experimental Medicine, Medical Genetics and Medical Education & Curriculum Development in addition to the Department of Siddha.

Department of Siddha

The Department of Siddha of The Tamil Nadu Dr. M.G.R. Medical University was started in November 2007 with the twin objectives of standardizing Siddha drugs and provide Quality Education & Research. Apart from being a University recognized Centre for Ph.D in Siddha, the Department also conducts a Fellowship Program in 'Standardization of ISM Drugs'. The Department regularly conducts workshops on "Research Methodology and Bio statistics" for AYUSH Post- Graduates and Researchers and other Educational Programs.

Who can attend?

Faculties / Medical Officers / Research Scholars /
Research Officers of Siddha Institutions
Private Siddha Practitioners
Under Graduate and Post Graduate Students in Siddha
Interdisciplinary Researchers interested in Siddha Varmam

Registration is restricted to a limited number of participants in first-come-first-serve basis

Registration Fees

Under Graduate Students	Rs.750/-	Medical Officers / Faculties / Research Officers / Private Siddha Practitioners	Rs.2,000/-
Post Graduate Students / Research Scholars	Rs.1,500/-	Spot registration (Subject to availability)	Rs.2,500/-

Conference Theme

Literature Research in Siddha Varmam	❖ Application of Varmam Therapy	
Fundamental Principles in Siddha Varmam	○ Neurological Disorders	○ Life Style Disorders
Unique Medicines in Siddha Varmam	○ Musculoskeletal Disorders	○ Psychiatry
Interdisciplinary Research in Siddha Varmam	○ Gynecology / Obstetrics	○ Emergency Medicine
	○ Pediatric / Developmental Disorders	○ Preventive Medicine
		○ Other conditions

The organizing Committee cordially invites the participants to submit their research work for the Paper and Poster Presentation on the above theme. Abstracts and full paper / all the other communications shall be sent through this e-mail : varmam2019@tnmgrmu.ac.in only.

Selected papers will be published in Indexed Journal*

Awards

Best Paper Award for UG & PG for Poster and Oral category in Siddha Varmam Topic
Best paper award for papers on Life Science related to Siddha Varmam

Important Dates to remember

Last date for Registration and Abstract submission : **07.06.2019**
Last Date for full paper and Poster submission : **14.06.2019**

Organized by

Department of Siddha

The Tamil Nadu Dr.M.G.R. Medical University

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